



Oklahoma State Parks PASSPORT PROGRAM



FREE Passport booklets are available in all Oklahoma State Park offices.



The Oklahoma State Parks Passport program was developed to encourage 4th graders to **live healthy, get active, and enjoy the beauty of Oklahoma's 33 great State Parks.**

Over 17 percent of Oklahoma children are classified as obese and this program works to decrease that number by promoting fun physical activity. **From yoga poses to park-specific challenges and activities, this program offers entertaining ways for children to get fit.**

The Oklahoma State Parks Passport Program is a partnership between the Oklahoma Tourism and Recreation Department, the Oklahoma State Department of Health, and the Oklahoma State Department of Education.

PROGRAM REWARDS

Participants in the Oklahoma State Parks Passport Program can collect **3 types of rewards** for visiting the parks and completing fitness challenges.

1 STATE PARK STICKERS

Each of the 33 State Parks has a unique sticker that children can collect for placement on the corresponding park page in their passport.



2 STATE PARK TOKENS

For every 6 unique parks that a child visits, they receive a special State Park Token. There are 6 tokens in all, each with a different design.



3 STATE PARK FITNESS MEDALLIONS

All 33 State Parks have customized Daily Fitness Challenges. Each completed Daily Fitness Challenge earns a child a point per day, per park. For every 6 points earned, they will receive a fitness medallion:

BRONZE, SILVER AND GOLD.

